

SOLE MIO CLINIC



Following the successful completion of any one of our programmes and depending on compliance with better ageing practices, guests can experience a renewed sense of well-being. Adherence to better ageing practices following the completion of a treatment program will determine the sustainability of the results achieved at Sole Mio's wellness centre.



COSMETOLOGY

Expert practitioners offer specialized hair removal, facial treatments, injection therapies, face-lifting, and peels, focusing on advanced beauty care.



BODY SCULPTING

Our Body Sculpting program includes LPG Massage, RF Lifting, and Vibration Massages, designed to achieve guests' aesthetic and wellness aspirations.



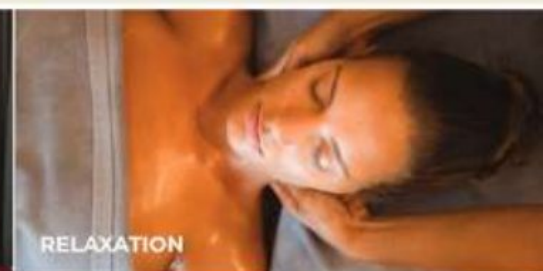
PHYSIOTHERAPY

Sole Mio is proudly Phuket's very first clinic to offer Redcord and Huber treatments, alongside ultrasound and massages for comprehensive injury recovery.



WELLNESS

Featuring holistic wellbeing packages and individual treatments like De-Stress, Detox, Recovery, IV Drips, and Hyperbaric Oxygenation for customized wellness experiences.



RELAXATION

Discover tranquility with our Thai, Belly, and deep tissue massages, designed for inner peace, digestive health, and tension release in a serene ambiance.

2nd Floor, Sole Mio Boutique Hotel & Wellness
32 Moo 5, Chergntalay, Talang, Phuket 83110 Thailand
Email : clinic-reception@solemiophuket.com
Website : www.solemiophukethotel.com/wellbeing
WhatsApp : +66 (0) 94 583 1114



WELLBEING PROGRAMS

Package	3 days	7 days	10 days	14 days
Weekend	✓	-	-	-
Wellness	-	✓	✓	✓
Body Shape	-	✓	✓	✓
Sport	-	✓	✓	✓
Women Health	-	✓	✓	✓
Destress / Relax	-	✓	✓	✓
Detox	-	✓	✓	✓
Rehab	-	✓	✓	✓

Program Privillage

Explore our selection of bespoke Detox & Better Aging Clinic programs. Our team of doctors, nurses, therapists, and coaches are always available to help you on your journey to better health.

INCLUSION

- 3D Body Scanner
- Doctor Consultation
- Medical Device Treatments
- Relaxation Massages
- Exercise Classes
- Breathing Classes
- Dietary Supplements

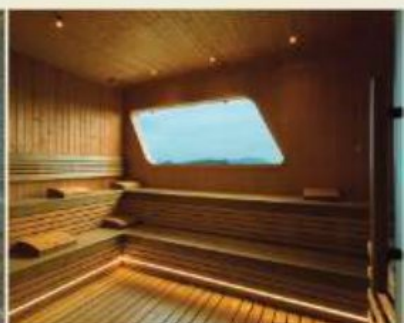
OPTIONAL

- Physiotherapists
- IV Therapies
- Nutritional Plan



Other Facilities

- Swimming Pool
- Gym
- Steam Room
- Suana
- Ice Rom
- Group Class Studio
- Yoga Studio



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